

2018- Understanding Virus/Bacteria (for children)

Bacterial and viral infections can cause mild, moderate, and severe diseases.

Although bacteria and viruses are both too small to be seen, they are as different as elephants and mosquitos.

Antibiotics are not effective against viruses, and many leading health organisations recommend against using antibiotics unless there is clear evidence of a bacterial infection.



In 2018 our team of General Practitioners and Nurses established a number of interactive sessions about infectious diseases, addressed to children. They worked in collaboration with local Schools in North Central London and Children Associations. These educational workshops focussed on the importance of differentiating between Virus and Bacteria, how to prevent infections, and their management and treatment.

